

Website: <a href="www.ilovenspired.org">www.ilovenspired.org</a>
Phone: +1 (725) 227-3716
Email: info@lovenspired.org

#### **Dear Potential Donors & Sponsors,**

On behalf of **Love N'spired Inc.**, a proud 501(c)(3) tax-exempt organization, we extend our deepest gratitude for your interest in supporting our mission. Our work is rooted in love, and our purpose is clear: to uplift lives through community outreach, empowering events, and educational programs that raise awareness and provide critical resources to those in need. At Love N'spired Inc., we are committed to empowering youth, young adults, and families by offering vital services that support personal growth, healing, and success. We provide a safe space for individuals on their journey—one that's filled with compassion, understanding, and unwavering support.

Our impact continues to grow through powerful partnerships and purposeful events. We've had the honor of collaborating with remarkable leaders like **Lena Walther**, Consul of Sweden, who hosted our event on **Sex Trafficking Awareness**, and **Clarice McCalister** from the Metropolitan Police Drug Unit, who shared important insights on the **Dangers of Drugs**. We've also received incredible support from community champions like the **Women of Metro**, who generously donated luggage for those in transition, and **Commissioner Jim Gibson**, who contributed to our **Self-Care Event**.

These efforts are more than just events—they're acts of love and hope. As someone who spent 12 years in foster care and became a parent at just 17 ½ with no clear path ahead, I understand firsthand the feeling of facing the world alone. That experience is what drives the heart of Love N'spired Inc. We are here to support others—judgment-free—because we believe love should always be given freely and unconditionally.

Our mission is to prove that **love still speaks**, not just in words, but in action. And we can't do it without you. We invite you to join us on this journey. Your donation or sponsorship directly fuels the success of our programs and helps us create a lasting impact in the lives of those we serve. We are committed to transparency and will keep you informed about how your generosity is making a difference.

Thank you for your kindness, compassion, and willingness to be part of the change. Together, we can inspire hope, empower communities, and remind the world that love is still alive.

With sincere appreciation,

Moe'Nique Love

President, Love N'spired Inc.

"Empowering Our Community - Where Love Speaks"



# **NpowerU**

Presented by Love N'spired Inc. 501(c)(3) Non-Profit Organization

**Programs & Classes Coming Soon!** 

## **About Love N'spired Inc.**

Love N'spired Inc. is a nonprofit organization committed to uplifting individuals through empowerment, education, and holistic healing. Our mission is rooted in love, self-worth, and transformation. By completing our programs, participants gain tools for personal growth, emotional wellness, and renewed purpose.

## **Program & Class Information**

- Interpreters Available: Spanish & ASL
- Who Can Join: At-risk youth, young adults, and adults
- Class Size: Small, intimate groups of 5–10 participants
- Fees: Sliding scale Insurance-based Private pay options

### **Program Duration:**

6-week programs

#### **Class Schedule:**

### • Monday – Friday:

Morning Session: 9:30 AM – 11:30 AM

Evening Session: 4:30 PM – 6:30 PM

• **Saturday:** 11:30 AM – 1:30 PM

## Welcome to NpowerU

At NpowerU, your **growth and self-worth** are at the heart of everything we do. We believe in the power of healing, confidence-building, and creating space for your voice to be heard.

Our community is here to walk beside you — through mentorship, workshops, and personalized support. Whether you're navigating past trauma or building a stronger future, NpowerU is your place to feel seen, supported, and empowered.

We emphasize holistic development—offering guidance for both your **mental and physical well-being**, along with tools for resilience, creativity, and career growth.

## **Upcoming Programs & Classes**

### Voices Unveiled: Speak & Be Heard Through Music, Poetry & Art

Discover the power of self-expression through creative arts. This class helps you connect with your voice, tell your story, and build confidence through music, poetry, and visual art.

**Community Need:** Many individuals feel unheard. This program offers a platform for authentic expression and connection.

#### **Participant Reflection Questions:**

- 1. What artistic forms interest you most?
- 2. How can creative expression impact your personal growth and community?
- 3. Are you interested in performing or showcasing your work?

### Mental Connections Initiative: Navigating Stress & Mental Health

Focuses on managing stress, depression, and emotional well-being. This program offers tools, peer support, and access to resources that promote healing and mental strength.

**Community Need:** Mental health issues are often under-addressed due to stigma or lack of support. We're here to change that.

#### **Participant Reflection Questions:**

- 1. How do you currently manage stress?
- 2. What kind of support or resources would help your mental wellness?
- 3. Are you open to workshops or group support?

### Endless Discovery: Exploring Self-Awareness & Purpose

This journey of self-discovery helps individuals identify personal values, set goals, and find clarity. It's about reconnecting with your "why."

**Community Need:** Many struggle with identity and purpose. We offer a space to reflect and grow.

#### **Participant Reflection Questions:**

- 1. What do you hope to learn about yourself?
- 2. How can greater self-awareness empower you?
- 3. What challenges block your personal growth?

### Mentors of Love N'spired: Life & Career Mentorship

Connect with a mentor who understands your journey. Mentorship provides personalized guidance for both personal and professional development.

**Community Need:** Support from experienced voices can make all the difference in reaching your goals.

### **Participant Reflection Questions:**

- 1. Would mentorship help your journey?
- 2. What kind of mentor support would benefit you?
- 3. How could a mentor help you overcome your current challenges?

### Sheltering Hope: Housing Support & Life Skills

For those facing homelessness or housing insecurity, this program provides shelter support, necessities, job prep, and essential life skills.

**Community Need:** Housing insecurity is rising. We aim to offer immediate help and long-term solutions.

#### **Participant Reflection Questions:**

- 1. Have you or someone you know faced housing challenges?
- 2. What resources do you think are most needed?
- 3. Would you like to get involved in volunteer or support efforts?

### \* Youth Empowerment Network

Helping young people build confidence, leadership skills, and community involvement through mentorship and real-world experience.

**Community Need:** Youth are our future. Empowering them today creates stronger communities tomorrow.

### **Participant Reflection Questions:**

- 1. What leadership skills do you want to grow?
- 2. How are you involved in your community?
- 3. Would you like to be part of youth-led initiatives?

### Job Readiness Assistance: Career & Employment Support

Learn job search strategies, interview prep, resume building, and more. Gain the confidence and skills to secure employment and advance your career.

**Community Need:** Many people face employment barriers. We're here to help bridge the gap.

### **Participant Reflection Questions:**

- 1. What job-related skills do you need help with?
- 2. What job search struggles have you faced?
- 3. Are you interested in career-building workshops?

## Final Thoughts

Building healthy self-esteem and healing is a journey, not a destination. Take each step with patience and celebrate your progress. You're not alone—and your journey matters.

### **Connect With Us**

₱ Website: www.ilovenspired.org

**Phone:** +1 (725) 227-3716

Email: info@lovenspired.org / lovenspired1@gmail.com